

Bright Loritos GSRP Classroom Sample Menu

Week 1

Monday	AM Snack: Apples + String Cheese Lunch: Mac & Cheese + Fruit + Vegetable + Milk PM Snack: Yogurt + Whole Grain Crackers
Tuesday	AM Snack: Bananas + Whole Grain Crackers Lunch: Turkey & Cheese Roll-Up (Whole Grain) + Fruit + Vegetable + Milk PM Snack: Hummus + Whole Grain Pretzels
Wednesday	AM Snack: Grapes + Whole Grain Cereal Lunch: Pizza + Fruit + Vegetable + Milk PM Snack: Cheese Cubes + Applesauce
Thursday	AM Snack: Mandarin Oranges + Yogurt Lunch: Chicken Nuggets with Tater Tots + Fruit + Vegetable + Milk PM Snack: Graham Crackers + String Cheese
Friday	AM Snack: Apples + Whole Grain Cereal Lunch: Chicken & Cheese Sandwich (Whole Grain) + Fruit + Vegetable + Milk PM Snack: Cheese Cubes + Whole Grain Crackers

Week 2

Monday	AM Snack: Bananas + String Cheese Lunch: Turkey Corn Dogs + Fruit + Vegetable + Milk PM Snack: Yogurt + Graham Crackers
Tuesday	AM Snack: Apples + Whole Grain Crackers Lunch: Turkey & Cheese Roll-Up (Whole Grain) + Fruit + Vegetable + Milk PM Snack: Hummus + Whole Grain Pretzels
Wednesday	AM Snack: Mandarin Oranges + Whole Grain Cereal Lunch: Pizza + Fruit + Vegetable + Milk PM Snack: Cheese Cubes + Applesauce
Thursday	AM Snack: Grapes + Yogurt Lunch: Pancakes, Potato Patty & Sausage + Fruit + Vegetable + Milk PM Snack: String Cheese + Graham Crackers
Friday	AM Snack: Bananas + Whole Grain Crackers Lunch: Chicken & Cheese Sandwich (Whole Grain) + Fruit + Vegetable + Milk PM Snack: Cheese Cubes + Apples

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Week 3

Monday	AM Snack: Apples + Whole Grain Cereal Lunch: Buttered Noodles with Chicken Pieces + Fruit + Vegetable + Milk PM Snack: Yogurt + Graham Crackers
Tuesday	AM Snack: Mandarin Oranges + String Cheese Lunch: Turkey & Cheese Roll-Up (Whole Grain) + Fruit + Vegetable + Milk PM Snack: Hummus + Whole Grain Crackers
Wednesday	AM Snack: Bananas + Whole Grain Cereal Lunch: Pizza + Fruit + Vegetable + Milk PM Snack: Cheese Cubes + Applesauce
Thursday	AM Snack: Grapes + Whole Grain Crackers Lunch: Cheese Quesadilla + Fruit + Vegetable + Milk PM Snack: Yogurt + Graham Crackers
Friday	AM Snack: Apples + String Cheese Lunch: Chicken & Cheese Sandwich (Whole Grain) + Fruit + Vegetable + Milk PM Snack: Cheese Cubes + Whole Grain Pretzels

Week 4

Monday	AM Snack: Bananas + Whole Grain Cereal Lunch: Mac & Cheese + Fruit + Vegetable + Milk PM Snack: Yogurt + Whole Grain Crackers
Tuesday	AM Snack: Apples + String Cheese Lunch: Turkey & Cheese Roll-Up (Whole Grain) + Fruit + Vegetable + Milk PM Snack: Hummus + Graham Crackers
Wednesday	AM Snack: Grapes + Whole Grain Cereal Lunch: Pizza + Fruit + Vegetable + Milk PM Snack: Cheese Cubes + Applesauce
Thursday	AM Snack: Mandarin Oranges + Yogurt Lunch: Chicken Alfredo Pasta + Fruit + Vegetable + Milk PM Snack: String Cheese + Whole Grain Pretzels
Friday	AM Snack: Apples + Whole Grain Crackers Lunch: Chicken & Cheese Sandwich (Whole Grain) + Fruit + Vegetable + Milk PM Snack: Yogurt + Graham Crackers

Note: This is a sample menu. Bright Loritos provides the morning and afternoon snacks. Lunches are catered by All About Catering and include milk daily. Menu items may vary based on seasonal availability and the monthly catering menu.